

---

# Breakfast

## Menu

---

In addition to our continental buffet we are pleased to offer the following breakfast options:

**Cooked Breakfast – £5.75**

Scrambled or poached eggs, wholemeal toast, chicken sausage, turkey bacon, grilled tomato and mushroom

**Vegan Breakfast – £5.75**

Scrambled tofu, wholemeal toast, vegan sausage, sliced avocado, grilled tomato and mushroom

**Champneys Balanced Breakfast – £5.75**

Poached egg, brie, steamed potatoes, avocado spread, extra virgin olive oil and toasted rye sourdough

**Poached, Scrambled or Boiled Eggs – £5**

Served on your choice of wholemeal toast or sourdough

**Smoked Salmon & Scrambled Eggs – £6**

Served with toasted multigrain bagel

**Omelette – £6**

Select from: cheddar cheese, mushrooms, tomato, fresh herbs, smoked salmon

**Baked Egg & Avocado – £6**

Tomato chilli salsa, crisp sourdough

**Plant Protein Breakfast Smoothie Bowl – £7**

Coconut, banana, blueberries, kiwi fruit, raspberries, goji berries, pumpkin seeds, almonds, linseed, pea protein

---

*Please speak to the Supervisor or Manager on duty if you have a food allergy or intolerance prior to consumption. If you require information on the allergens in our menu items, or would like to know about the steps we have taken to minimise cross-contamination with specific ingredients, please ask us so that we can help you make an informed or alternative choice. All prices inclusive of VAT. Please note that all food and beverage items have a 5% discretionary service charge added.*

---

