

BREAKFAST MENU

Sage Breakfast V	15.95
Steamed spinach with poached egg on English muffin, grilled halloumi with roasted vine tomatoes, hash brown, charred sweet peppers with oyster mushrooms – <i>add turkey bacon</i> +£3	
Smashed Avocado on Toasted English Muffin with Poached Egg V	12.95
Egg Royale V	14.95
*Sweet Waffles, Maple Syrup & Greek Yoghurt V	10.95
*Homemade Granola with Vanilla Yoghurt V, N	7.95
*Oat Milk & Cinnamon Porridge with Eastwell Honey & Blueberries VG	7.95
*Seasonal Fruit Salad & Greek Yoghurt VG, GF	6.50
*Toast & Jam V, VA, GFA	4.95
*Pastries (Pain au Chocolat, Pain au Raisin) V	3.00

DRINKS

TEA

Selection of Tea 3.80

COFFEE

Cappuccino <i>add syrup</i> +1.25	4.25
Café Latte <i>add syrup</i> +1.25	4.25
Flat White <i>add syrup</i> +1.25	4.25
Mocha	4.50
Espresso	3.50
Double Espresso	4.25
Cortado	3.75
Americano	4.25
Hot Chocolate	4.25

SOFT DRINKS

Lemonaid	3.80
Jaga Wellness Shots	3.20
Jaga Sodas	4.50
Fever-Tree Tonic	3.75
Frobisher's Fusion	3.80
Frobisher's Juices	3.80
Kombucha	3.95
Sodas	3.75
Vitamin Well	4.50

SMOOTHIES

Pash 'n' Shoot	5.75
Passion fruit, mango, pineapple and orange juice	
Berry-Go-Round	5.75
Strawberry, raspberry, blackberry and orange juice	
Detox Zing	5.75
Courgette, carrot, banana, blueberry, ginger and apple juice	
Big Five	5.75
Pineapple, mango, kiwi, strawberry and apple juice	

Please see the Drinks Menu for the full selection

*Can be chosen as part of the Spa Stay breakfast package.

V Vegetarian, VG Vegan, VA Vegan alternative available GFA Gluten free available, N Contains nuts. If you have any questions regarding our ingredients, or if you have a food allergy or intolerance, please speak to your server before you order your meal. Please note a discretionary 12.5% service charge will be added to your bill.

